

# Tips for Summer Success Summer 2010

# A newsletter about increasing participation in your Summer Food Service Program

# Congratulations, Sponsors!

Montana has ranked #5 in the nation for increasing participation in the Summer Food Service Program. From 2008 – 2009, participation increased by 14.6%.

Read the full report here:

http://www.frac.org/pdf/summer\_report\_2010.pdf

Still, only 16 out of every 100 kids eating free or reduced price school meals also eat free meals during the summer.

You can help increase this number by using some of the resources outlined in this newsletter.

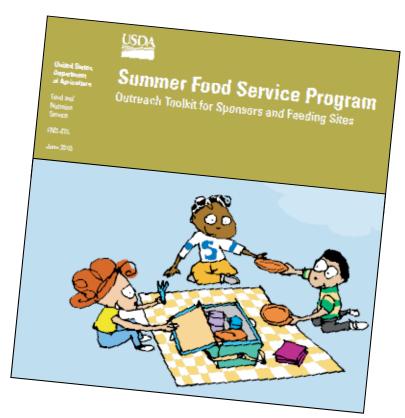
Thank you for your continued commitment to feeding children during the summer!

### Resource #1:

USDA – Outreach Toolkit for Sponsors and Feeding Sites <a href="https://www.fns.usda.gov/cnd/summer/library/toolkit.pdf">www.fns.usda.gov/cnd/summer/library/toolkit.pdf</a>

This user-friendly toolkit provides templates for outreach materials and covers topics like:

- What is outreach?
- Outreach to families and children
- Outreach to the media
- Outreach to community organizations







opi.mt.gov



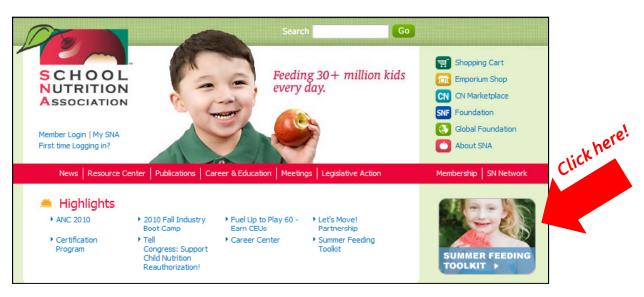
# Tips for Summer Success

### Resource #2:

# School Nutrition Association – Summer Feeding Toolkit <a href="https://www.schoolnutrition.org">www.schoolnutrition.org</a>

Includes ways to promote your program:

- Brochures for parents
- Activity sheets
- · Talking points for the media



# Resource #3:

# National Hunger Clearinghouse – Hunger Hotline www.whyhunger.org/nhc

You can increase participation at your feeding site by registering it in the National Hunger clearinghouse, which operates a Hunger Hotline that provides referrals to families that need food help. Registration is easy and only takes a few minutes. Please visit the link below or call the toll-free Hunger Hotline at 1-866-348-6479 (1-866-3-HUNGRY) to register your feeding site.

#### Tips to register online:

- Visit www.whyhunger.org/resources/resource-directory.html
- Scroll down, click on "Join the Resource Directory" under the Organizations heading.
- Complete the form with information about your organization or program.
- Make sure to include "Summer Food Site" with your program's name in the "Organization Name" box.
- For the "What primary service categories apply to your organization?" question, check children's services and food assistance.
- If you have trouble with any part of the registration process, please call the Hunger Hotline for assistance.

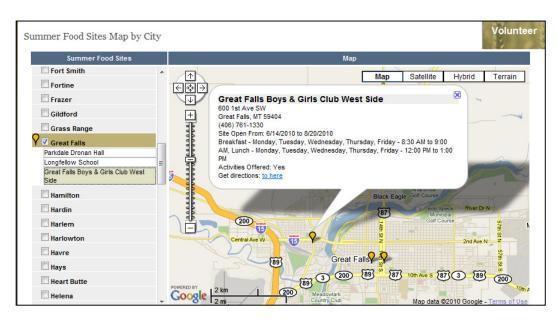


Thank you to the Montana Food Bank Network for their contributions to Summer Food outreach!

## Resource #4:

### Montana Food Bank Network - Summer Food Service Program Site Map www.mfbn.org/summerfoodmt

- View sites by city or county
- Listings for each site include: street address, phone number, dates and times of operation, and meals provided





## Resource #5:

Montana Food Bank Network – Customizable Outreach Materials www.mfbn.org/summerfoodoutreach

- Customize and print materials for your site
- Simply enter your information into the fields of the PDF
- Materials include: Parent letters, flyers, bookmarks, and door hangers

The Summer Food Service Program

Free meals and activities for kids age 18 and under during the summer months.

Food that VIN when school is OUT!



# What's New on Let's Move!

#### Serve.gov launches Let's Read. Let's Move.

Summer is a time for fun - but it is also the time when many youth lose what they learned during the school year and gain unhealthy eating habits.

Let's Read. Let's Move. seeks to combat childhood obesity and summer reading loss by engaging youth in summer reading and physical activity, as well as by providing access to healthy, affordable food.

http://serve.gov/lrlm.asp gives ideas on how to help kids exercise, eat healthy, and continue reading over the summer.

You can also find valuable toolkits under "Resources" >> "Toolkits" on how to:

- Read with children
- Organize a book drive
- Support community gardens
- Start a walking team
- Promote back to school health
- Support local food banks
- Organize a clothing drive
- Create your own project



# Thank you, WDA!

# Western Dairy Association provides Summer Food banners to select sites



We thank our partners at the WDA for supporting summer food outreach.

This photo was taken at Hardin High School.

**LET'S** 

### Have an excellent summer!

If you have questions about any of these resources, please contact OPI School Nutrition Programs at (406) 444-2501.